

October 5, 1981

Introduced by: Bill Reams

Proposed No.: 81-661

MOTION NO. 5334

A MOTION authorizing the King County Executive to accept an eighteen station Parcourse fitness circuit to be installed at Marymoor Park as a gift from the Overlake Memorial Hospital Auxiliaries, Inc., and expressing the thanks of the King County Council on behalf of the County's residents.

WHEREAS, the Overlake Memorial Hospital Auxiliaries have recently approved the purchase of a Parcourse fitness circuit to be donated to King County for installation at Marymoor Park, and

WHEREAS, the Parcourse fitness circuit will combine a walking/jogging trail with a series of exercise stations to provide a complete physical workout, and

WHEREAS, the Parcourse circuit will provide the opportunity to perform a combination of cardiovascular, flexibility, and strengthening exercises which are designed to be suitable for all persons, regardless of age, and ability or fitness level, hence improving the physical well being of County residents, and

WHEREAS, the new Parcourse circuit at Marymoor Park will be accessible to persons who are confined to wheelchairs but are able to perform some upper-body exercises, and will provide added recreational and fitness benefits to disabled persons who use Marymoor Park.

NOW THEREFORE BE IT MOVED by the Council of King County:

The King County Executive is authorized to accept a gift of an eighteen station Parcourse fitness circuit to be installed at Marymoor Park from the Overlake Memorial Hospital Auxiliaries, Inc., and

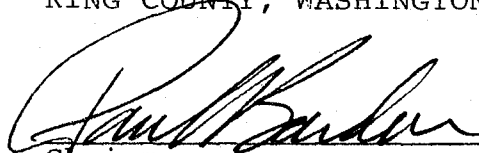
BE IT FURTHER MOVED,

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The King County Council wishes to thank the Overlake Memorial Hospital Auxiliaries for their generous contribution to the recreational opportunities and the health and well being of all King County residents.

PASSED this 12th day of October, 1981.

KING COUNTY COUNCIL
KING COUNTY, WASHINGTON


Chairman

ATTEST:


DEPUTY Clerk of the Council

5334-1-81